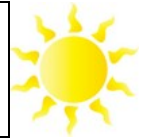


HENLEY JUNIOR SQUASH CLUB

Presents...



THE SUMMER 2011 NEWSLETTER



Welcome to our summer newsletter. As you will see, there is plenty going on!! If you need further information on any of the activities then please contact Richard Little (richardlittle@quintessa.org; 07786 942670).



Summer Holiday Squash for All

We are running a summer holiday programme of coaching for members and non-members on Wednesdays up to and including Wednesday 31st August. Both group and 1-to-1 sessions are available. Places are still available for certain Wednesdays.



In addition, we are holding squash taster sessions at the Henley Leisure Centre on Tuesday 30th August for **children who are new to squash, or who have just started, or who have not played for a while**. An England Squash coach will provide expert tuition and the cost of a 90 minute session is £6. Separate sessions will be available for

different age groups. If you are interested or have friends who might be interested then please let us know. .

Remember, you don't have to be a member of Henley Junior Squash Club to come along to these summer squash sessions!

Squash Birthday Parties



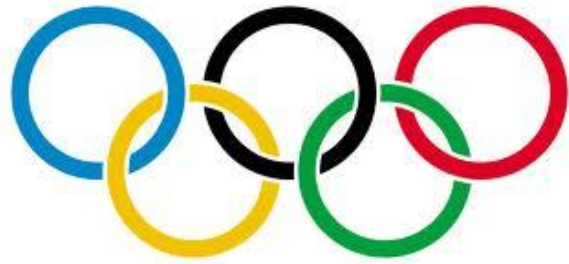
Do you fancy a party with a difference? Then how about a squash party at Henley Leisure Centre over a Sunday lunchtime!!! Instead of the usual football or swimming party, why not have fun on the squash courts! Parties for up to 12 children of all abilities can be hosted for between 45 and 90 minutes. For the

younger children the focus would be on ball and racket skills, for the older children match play would also be introduced. A session on the squash courts could be followed by a relaxing swim! Costs would range from £20 to £60 depending on the number of children and the duration of the party.



Squash in the Olympics!

As part of the build-up to the 2012 Olympics, a programme of school-based events will be held in South Oxfordshire during 2011/12 under the title of the "South Oxon Schools Olympics". Squash has been included in the lists of events - there will be a squash tournament in January 2012 that the club will help organise.



The programme of events will start on **Friday 9th September** with fun runs around Marsh Meadows from 5 pm onwards. The various sports clubs in Henley can enter teams of four for different age categories and will be able to have a stall to promote their club. If you would like to represent Henley Junior Squash Club in the run and/or help with the stall please contact Richard.

July's Fun Tournament

The latest in our series of fun tournaments was held on Sunday 17th July. 12 players entered with each one playing at least 6 matches during the afternoon with some real top squash being played. In the end, the final came down to the two top seeds, Bec Dixon vs. Jonathan Betts. It was a high tempo match that Jonathan ended up taking 3-0. The top performance came from young Thomas Parr who ran his socks off against many of the older players and came out on top against some of them.

Well done to everyone that took part and a very big thank you to Matt Davies for organising the tournament. We will be running another tournament in the autumn.

Training of Mini Squash Coaches

Are you 14 or over and interested in developing your squash coaching skills? There is an England Squash scheme for juniors to be trained as mini-squash coaches which involves attendance on a one day course at a local club. Ed Hughes-Burne and Bec Dixon have already attended such training courses and are now helping with junior coaching sessions (and being paid!!). If you are interested in putting yourself forward for training as a mini-squash coach, then the club will consider contributing to the cost of the course. If you are interested, then let us know.



Membership Renewal

A reminder that junior club membership is due for renewal at the beginning of September. The cost of membership is being kept at £18. Membership forms are available from the club's website (www.henleysquash.co.uk). Any player

wishing to have after-school coaching, play in the junior leagues, play for the club and/or attend our amazing Christmas party (!!)

needs to be a member. Furthermore, members have

the benefit of reduced fees for turn up & play and holiday squash sessions, plus automatic membership of England Squash and Racketball.



After-school Coaching for the Autumn Term

After-school coaching for members will start up on Wednesday 14th and Friday 16th September and run for a 12 week period to Wednesday 7th and Friday 9th December with a week off for half term (i.e., week beginning 24th October). Both



group and 1-to-1 sessions are available. Each session is 45 minutes and the total cost for the 12 sessions during the autumn term is:

- Year 6 & under group sessions: £72
- Year 7 & over group sessions: £84
- 1-to-1 sessions: £234 - £270 (depending on the level of the coach)

If you are interested in these sessions, please let us know no later than **Wednesday 24th August**. In order to help us develop the coaching timetable, please let us know:

- the name(s) and age(s) of your child(ren);
- the day(s) and time(s) that your child(ren) can manage; and
- whether you are interested in group or 1-to-1 sessions.

Please note that those who received coaching during the summer term will need to re-register! If you don't, it will be assumed that you do not wish to continue.

Turn Up and Play

Turn up and play sessions will restart from **Sunday 11th September**. The focus of the sessions is to provide an informal environment in which the children can have fun playing one another at squash. The **Year 6 & under session is from 2.15 to 3.45 pm** and the **Year 7 & over session is from 3.45 to 5.15 pm**.



The sessions are open to members and non-members and will provide an ideal environment for children new to squash to come and “have a go” (rackets and goggles will be provided for those who do not have them). The cost for each 90 minutes session is £3 for members (reduced to £2 if they bring a friend who is a non-member) and £4 for non-members (to be paid on the day).

Annual General Meeting

The Junior Club’s AGM will be held on **Wednesday 21st September**. It will be an opportunity for us to share ideas and plans for the coming year on a range of activities including:

- coaching;
- junior leagues;
- friendly matches against other clubs;
- turn up and play sessions; and
- fun tournaments.

The meeting will be held at the Henley Leisure Centre and will start at 7.30 pm. All posts will be up for re-election so if you are keen to get involved with the running of the club, this is your opportunity!

After three years of sterling service, Shelley Djemil will be stepping down as **Treasurer** due to work commitments. The committee would like to take this opportunity to thank Shelley for all the hard work she has put in to ensure the smooth running of the Junior Club.

We also have a vacancy for a **Schools’ Liaison Coordinator**. Their role would be to raise the profile of the Junior Squash Club within the local primary and secondary schools and to encourage the children to come along to our turn up and play sessions and give squash a go.

It is particularly important for the future of the Junior Club that we fill these two vacancies. If you are interested in these or any other committee roles, please contact Richard for a chat.

Junior Leagues

The internal junior leagues are open to members of all ages and abilities. They are a great way of developing and improving your game. If you are interested in entering them, please let Jane Gray know (jane.gray@btconnect.com; 01491 579779). Well done to the latest league winners:

Division 1: Ailsa Maclean

Division 2: Max Djemil

Division 3: Rupert Wiseman

Division 4: Jake Ireland

Junior Competitions

There are a number of local squash events for juniors coming up in September and October for a range of abilities and age groups with separate competitions for girls and boys. Why not have a go and enter, especially the Oxfordshire Junior County Closed which is for all abilities and is being held just down the road in Abingdon on 24th and 25th September.



- **3rd and 4th September:** Esporta Oxfordshire Health & Racquets Junior Open at Esporta Oxfordshire Health & Racquets Club, Oxford for **U11, U13 and U17** girls and boys. Entry forms can be downloaded at www.englishsquashandracketball.com/competitions/607. Closing date for entries: Friday 26th August. Suitable for club level players.
- **10th and 11th September:** South Regional Closed Championships 2011 at Winchester Tennis & Squash Club for **U11, U13, U15, U17 and U19** girls and boys. Entry forms can be obtained from marie.gook@englishsquashandracketball.com. Closing date for entries: Friday 26th August. Suitable for county level players.
- **24th and 25th September:** Oxfordshire Junior County Closed 2011 at Abingdon Squash Club for **U11, U13, U15, U17 and U19** girls and boys. Entry forms can be downloaded at www.oxfordshire-squash.com. Closing date for entries: Monday 12th September. Suitable for all levels of player.
- **1st and 2nd October:** Abingdon Junior Open at Abingdon Squash Club for **U15, U17 and U19** girls and boys. Entry forms can be downloaded at www.englishsquashandracketball.com/competitions/309. Closing date for entries: Saturday 17th September. Suitable for club level players.
- **15th and 16th October:** Abingdon Junior Open at Abingdon Squash Club for **U11 and U13** girls and boys. Entry forms can be downloaded at www.englishsquashandracketball.com/competitions/543. Closing date for entries: Saturday 1st October. Suitable for club level players.